

Fagus Social and Emotional Domains Defined

The Fagus materials have summarised **social and emotional development** into 10 clearly definable domains (although in reality the domains overlap and there are many references between the guides). The resources also include the **core developmental areas** of language development, cognitive development and attachment which are of vital importance as they lay the foundations for the other developmental processes.

Here is a quick round-up of the developmental areas that are covered with a simple definition of each domain.

Fagus Developmental Domain	Definition
<p style="text-align: center;">Attachment</p> 	<p>The emotional bond that we share with others. “The affectional tie that one person or animal forms between himself and another specific one – a tie that binds them together in space and endures over time*”</p> <p>*Ainsworth & Bell, 1970</p>
<p style="text-align: center;">Awareness and Understanding of Others</p> 	<p>Being aware of others’ thoughts, non-verbal communication, beliefs, perspectives and emotions.</p>
<p style="text-align: center;">Cognitive Development</p> 	<p>The construction and use of thought processes across a lifespan – the emergence to think and understand. Relevant to all aspects of emotional and social development.</p>

Fagus Developmental Domain	Definition
<p style="text-align: center;">Coping</p> 	<p>How people mobilise, co-ordinate, manage and direct their actions, including behaviour, emotion and attention.</p>
<p style="text-align: center;">Language Development</p> 	<p>The use of language can be summarised in 3 processes – Expressive Language, Receptive Language and Pragmatics. Included within Pragmatics is the use and understanding of non-verbal communication.</p>
<p style="text-align: center;">Moral Development</p> 	<p>People’s belief about what is right and wrong. “Every society has a system of rules about the rightness and wrongness of certain acts ... adults expect children to learn these rules and act according to them*”.</p> <p>*Leman et al, 2012</p>
<p style="text-align: center;">Motivation and Self-efficacy</p> 	<p>To be motivated means to be moved to do something.</p> <p>Self-efficacy is a person's belief in their own capacity to succeed within a certain situation or particular task, making judgements about one’s capacity to perform a behaviour or activity.</p>

Fagus Developmental Domain	Definition
<p style="text-align: center;">Play</p> 	<p>A voluntary activity which is performed for its own sake without the need for an end result. Play is integral to a child’s physical, social, emotional and cognitive development.</p>
<p style="text-align: center;">Self-Awareness</p> 	<p>The appreciation of oneself as an independent entity that is separate from others and the world around us – being aware of our body, actions, experiences, preferences, skills, thoughts and feelings.</p>
<p style="text-align: center;">Self-Concept</p> 	<p>The belief an individual has about themselves and how they perceive themselves as a person.</p>
<p style="text-align: center;">Self-Control</p> 	<p>The ability to deliberately alter or restrain one’s responses. It involves the effortful regulation of thoughts, emotions, attention, impulses and behaviour when immediate temptations conflict with longer term goals.</p>

Fagus Developmental Domain	Definition
<p data-bbox="331 443 475 472">Self-Esteem</p> 	<p data-bbox="643 551 1382 618">How much value people place on themselves - referring to an individual's perception of their abilities and overall worth.</p>
<p data-bbox="325 831 481 860">Socialisation</p> 	<p data-bbox="643 976 1382 1005">A child's ability to interact and form relationships with others</p>

